

3. Aboriginal Support Workers

Nepean Division of General Practice has a male and female Aboriginal Outreach Worker. They can:

- Help you make medical appointments and help you with any paperwork you might need to fill in;
- Explain what a health check is and why it is important;
- Attend medical appointments with you if you need some support;
- Help you register for a Medicare card if you don't have one;
- Inform you of transport options available in the local area;
- Help you find where to get prescriptions filled;
- Let you know about any programs or services that may be useful for you.

The Aboriginal Support Worker **cannot** provide medical advice or treatment, but **can** hook you up with services or people that can help you.

Phone 4721 1150 for more information

**The Nepean Division of
General Practice
acknowledges the
traditional
owners of the land**



Contacts:

Indigenous Project Officer
or
Aboriginal Outreach Worker

02 4721 1150

or visit www.nepeandgp.org.au
for further details

**Better Health
Better Future**



Artist: UWS Aboriginal Student—Carly Mercier
Titled: Tribal Gatherings

Let's help in

Closing the Gap

The Government has funded a new Health program for Aboriginal Torres Strait Islander people:



The Program has 3 main parts:

- **Better Health Care**
- **Save \$\$\$\$\$\$\$\$\$\$\$\$\$**
- **Aboriginal Support Workers**

1. Better Health Care

- Contact your Doctor - ask if they are participating in the Aboriginal Health Program;
- Identify yourself as Aboriginal or Torres Strait Islander;
- Get a yearly health check with your Doctor;
- If you need to, use the subsidised Allied Health Services* that may be available to you (see below).

If you suffer from a Chronic Disease you may be entitled to up to **10 subsidised*** referrals to an Allied Health Provider. This includes:

- Audiologist
- Chiropractor
- Diabetes Educator
- Physiologists
- Occupational Therapist
- Podiatrist
- Speech Pathologist
- Dietitian
- Mental Health
- Osteopath
- Aboriginal Worker and
- Physiotherapist.

* Upfront payment may apply. Check when making your appointment. You can get rebates back through Medicare.

2. Save \$\$\$\$\$

Cheap or Free Medicines

- If you have a chronic disease or are at risk of developing one you can get your medications **cheaper** or **FREE**. This could mean:

Concession holders would no longer pay \$5.40 for their prescriptions, they would now get medicines **FREE**.

If you work you would now get you prescriptions for concession rates. **\$5.40**

- Cover the whole family - get a yearly health check for all family members. Your doctor will let you know if you qualify to save \$\$\$ on medicines.

